

Thai Basil Eggplant

Ingredients

- Oil
- 1 large red pepper sliced
- 1/2 medium onion sliced
- 3 medium japanese eggplant sliced ¹/₂"
- 5-6 large garlic cloves chopped
- 1.5 inch ginger chopped
- 1 thai green chili sliced
- 1/2 cup thai basil chopped
- salt as needed
- 2 tsp cornstarch mixed with 2 TBSP water

Sauce:

- 2 TBSP maple syrup
- 3 TBSP soy sauce
- 2 TBSP rice vinegar
- 1 TBSP peanut butter
- 1-2 tsp sriracha adjust to taste
- 1 tsp toasted sesame oil
- pinch coriander powder
- pinch cinnamon powder
- 1/3 cup water

Instructions

- 1. Serve this dish with the rice of your choice. Prepare that first.
- 2. Preheat oven to 450 degrees. Brush eggplant lightly with oil. Roast eggplant for about 20 minutes until soft.
- 3. While eggplant is roasting, combine all sauce ingredients in a blender and blend until smooth.
- 4. When the eggplant is done and sauce is ready, Heat a wok over high heat. Add 1 TBSP oil and the sliced onion and peppers. Cook for 2-3 minutes. Set aside.
- 5. In another pan, heat 1 TBSP oil, garlic, ginger and green chili. Cook for 1 minute. Add the sauce and the cornstarch & water mixture. Cook over high heat for a few minutes until it thickens. Add sauce to the pan with eggplant mixture along with the basil. Simmer over low heat for 2 minutes. Taste for salt.
- 6. Serve over rice or noodles, garnish with additional basil. Enjoy!