WWholehearted Yoga

Cape Malay Rice

- 1. Gather the Ingredients
 - 2 cups Basmati rice (white or brown)
 - 3 TBSP butter
 - 1/3 cup raisins
 - 1 tsp turmeric
 - 1/4 tsp ground white pepper
 - 1 cinnamon stick
 - 8 cardamom pods
- 2. Follow the directions to cook the rice on the package, but add the spices, raisins, and butter.
- 3. Serve and enjoy!

The story behind the recipe. My husband and I are grand adventurers. One of our favorite dishes in South Africa was Cape Malay curry. We found a recipe for it online, but actually enjoyed the yellow rice that accompanied it as much or more than the curry! So delicious that we make twice as much rice as we need and enjoy it as leftovers.